

Report of Prof.Ganesh Shankar

Vice President-World Council for Psychotherapy (Asian Chapter)

Yoga and Psychotherapy Association of India (YPAI)

Yoga and Psychotherapy Association of India (YPAI) is working in developing and propagating Yoga & Psychotherapy not only in India but all over the world for the cause of Humanity by preventing and managing various disorders of human being since 2001.

Integration: Yoga and Psychotherapy

YPAI is making efforts to integrate the ancient Indian system of psychotherapy (Yoga) and modern system of psychotherapy for the maximum advantages for the welfare of human being.

Integration: Global Health and Peace by Yoga and Psychotherapy

An international conference was held on the above topic and large number of delegates put their views on the positive aspects in this regard.

Collaborations:

YPAI is collaborating its activities with Asian Federation for Psychotherapy (AFP) and World Council for Psychotherapy (WCP) and many other Institutes of repute in Yoga and Psychotherapy.

Organizing National/International workshops/seminars/conferences:

YPAI is organizing national/ international conferences for Yoga & psychotherapy annually. More than 2,000 counsellors, psychotherapists, Yoga Experts/scientists/medical doctors, researchers and psychiatrists from over 20 countries attended the 12 conference in India.

The latest international Asian conference was organized in Delhi in 2012. The event was organized by YPAI and Jawahar Lal University, New Delhi and Asian Federation for Psychotherapy, the largest professional Asian psychotherapeutic organisation in Asia, and was the first joint congress of the YPAI, AFP and JNU, New Delhi. It was a grand success for India.

The details can be seen on the web page <http://www.dhgsu.ac.in/download/rd/Report-Delhi%20Int.%20Conf..pdf>

The 2012 Asian conference has played an important part in helping to create a space where the psychotherapy of West and East can interface, and has given impetus to the development of yoga and psychotherapy in India and other countries of the world.

The YPAI has organized more than 30 workshops/seminars/conferences at various levels on various human health related topics and large number of people participated and benefited.

World Certificate for Psychotherapy

We are supporting the World Certificate for Psychotherapy.

Webpage:

YPAI and AFP is managing the official homepage of the YPAI & AFP. We are working on congress schedule for the coming years. Next congress of the AFP is going to take place in Kuching, Malaysia from 30.08 till 02.09.2015.

<http://wcpasianchapter.webnode.com>

<http://ypai.webnode.com>

Publications:**Books:**

YPAI is helping in publishing books on Yoga and Psychotherapy. The members of YPAI has pulished a number of publications.

Research Papers:

Many research papers have been published in national and international journals of repute in Yoga and Psychotherapy.

Journal:

YPAI is planning to start an International journal of Yoga and Psychotherapy. First issue is likely to be started in few weeks. E journal is also planned and will be on its webpage.

<http://www.dhsgsu.ac.in/infodetails1.php?id=59>

We plan to continue these publications.

Role of Yoga and Psychotherapy for Terrorism and effected persons:

We are intensively discussing the Yoga Psychotherapeutic Aspects of the terrorism situations in Asia. We are about to organize a conferences dedicated to the crisis in South Asia. On a voluntary basis YPAI is giving professional assistance to the effected persons.

Psychotherapy as an Independent Profession

We continue to advocate for professional psychotherapy as a independent profession, requiring special education and functioning under the special rules established by the professional community. Unfortunately, the vision of psychotherapy as a profession for psychologist and social workers is getting more popular.

Our suggestions:

1. To promote professional psychotherapy as an independent profession, requiring special education and functioning under the special rules established by the professional community.
2. To hold the world congress for psychotherapy by WCP every four years. To hold also continental congresses in two years.
3. To vote for India as a hosting country for the next 9th world congress after the one Paris.
4. To continue to publish the online version of World Journal for Psychotherapy.
5. WCP should promot and provide fianancial assistance for the regional/country organizations for participation in the wcp and regional conferences and also
6. WCP should provide free membership for the board members countries which are fiancially week.

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