



**I WORLD CONGRESS ON MENTAL HEALTH:  
MEETING THE NEEDS OF THE XXI CENTURY**

7-8 OCTOBER, 2016, MOSCOW, RUSSIA

[www.mental-health-congress.ru](http://www.mental-health-congress.ru)

**WELCOME TO THE I WORLD CONGRESS ON MENTAL  
HEALTH:  
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**Dear colleagues!**

We value your continuous commitment and engagement with our World Council for Psychotherapy. Over the past decades we have built an enviable platform of excellence that encourages the dissemination of the very best science and celebrates the successes of psychotherapists who work on the multidisciplinary subject areas.

We are pleased to warmly invite you to the **I World Congress on Mental Health: Meeting the Needs of the 21<sup>st</sup> Century** to be held in Moscow (Russia) on **7-8 October 2016** under the auspices of the World Council for Psychotherapy (WCP), the Asian Federation for Psychotherapy (AFP) and the International Association on Social Security (ISSA).

Mental health is one of the most intriguing, complex and persistently relevant issues in the world, which is linked to the most fundamental aspects of human life, and therefore goes beyond the boundaries of purely professional discussion. Therefore, the Congress is expected to convene international experts from various spheres of public health, psychiatry & psychotherapy, psychology & narcology, social security & politics, science & education, art & culture, sport & physical fitness, economics & law as well as government, business & community sectors leaders to open a dialog, to build connections, to increase knowledge, to exchange best practices, and to deliver a concerted stance on mental health maintenance.

The Scientific program will be presented by three thematic fields, including Prevention & Promotion in Mental Health; Treatment & Rehabilitation in Mental Health Care; and Human Rights in Mental Health. Keynote speeches delivered by experts and executives will be followed by panel discussions, forums, conferences, the Mental Health EXPO showcase, social & cultural events. Outstanding expertise and vast experience in the field of mental health, excellent accommodation facilities, cultural attractions of Moscow, a capital of Russia, will be an essential asset for the visitors.

To participate in the I World Congress on Mental Health: Meeting the Needs of the XXI Century, you are kindly asked to register for the event. Registration is only possible online: [www.mental-health-congress.ru](http://www.mental-health-congress.ru)

We look forward to your presence and contribution at the Congress aiming to provide an overview of best practices to invest in mental health all over the world!

*For any clarification, please, contact the Organizing Committee by: [pazyna@mental-health-russia.ru](mailto:pazyna@mental-health-russia.ru)*